

K-2 FIREWEED NEWSLETTER

November 4, 2013

HAPPENINGS

ARTIST IN THE SCHOOLS: JACK DALTON AND STORYTELLING

Native storyteller Jack Dalton will join us every day this week as our 'artist in the school'. Jack will impart his skills as a traditional storyteller and help our students to explore this dynamic and creative form of art and communication. We will be sharing our experiences with you on Friday, Nov. 8th.

STORYTELLING CELEBRATION.....Friday, Nov 8th @ 1:30 PM

Parents you are welcome to join us this Friday for Jack Dalton, our artist in residence. Our students will be performing and are excited for this event.

TRANSMITTER-----pathway-----RECEIVER

We have launched our new theme about Communication by exploring the concept of transmitter and receiver. Who is sending (transmitting) the message? Who is receiving the message? And then what is the pathway the message is sent? The kids had a great time looking at pictures and interpreting them using this concept.



Mime-----facial expression-----Audience

Quilt raffle: We are getting down to the last few weeks-if you have not bought your quilt raffle tickets yes, now is the time. Fireweed parent Jo Dempsey will be at Safeway selling tickets on November 5th and 12th from about 9:30 til 2:30. If you would like to help out, call her at 235-4759. She has the quilt and the tickets and is ready to sell you some or give you some to sell!

Fresh Oranges Fundraiser Kick-off - From Janet: Last week I sent home an email regarding our fresh oranges fundraiser. Today your kids will be coming home with the order pack. There are three pieces to the packet, an info sheet, an order form and an envelope for the money. Please remember that all orders are pre-paid. Checks would be best, written to Fireweed Academy Charter School. All forms must be returned to school NO LATER THAN November 18th. We are shooting for a December 4th delivery, give or take a day! . If you have any questions, feel free to call me at 235-9728

NITTY GRITTY INFORMATION

Communication in our school: NEWSLETTERS, etal

Fireweed Academy communicates regularly with parents and families primarily through the use of e-mail. The weekly newsletter comes out Monday afternoon or Tuesday morning. There are also e-mails from Janet or Kiki with office or administrative information. There are posters on the doors about upcoming events! We are happy to provide hard copies of newsletter of information for those that need it.

Ways you can stay in the loop:

- Make sure Janet has your current e-mail or knows that you need hard copies. She will share that info with teachers.
- Let Janet know if you are not receiving e-mails.
- Read the newsletters when they come out!
- Check out the posters in the boot rooms or on the doors for upcoming events.
- Pick up a hard copy of the newsletter which will be in both boot rooms and available Tuesday morning. (The kids are not always reliable about getting the hard copies to you, though we will keep trying to build their self-reliance.)

WE NEED A BIG BOX!!

To create a kid KBBI station... If you have one, please bring it in!!
Thanks!

CAST-OFFS NEEDED

We need tiny boxes, toilet paper and paper towel tubes, thread spools, wires of all kinds, and other interesting pieces usable to create model satellites for theme group next week. Please give anything you have to Jon. Thank you!!!

INSIDE SHOES ARE A MUST

During recent earthquake and fire drills some kiddos have found themselves outside without shoes. While many chose not to wear them in the classroom (we've chatted about that...) several do not have them at school. Please check to make certain your child has inside shoes at school and sends some in if they are missing. If you need assistance in providing a pair, please talk to your child's teacher. Thanks!

HEARTY THANK YOU

- Shawna Alexander for the marvelous marshmallows and skewers!
- Jennifer Dickson for popcorn and several people for the firewood!
- Pepper Martushev for the cupcakes and cookies!
- Our lovely lunch ladies for looking after us and caring so much!

Upcoming K-2 Dates: Mark your calendars!

M-F Nov 4th-8th	Artist in the Schools	All Day
Friday, Nov 8 th	Storytelling Celebration w/Jack	1:30 PM
Monday, Nov 18 th	Fresh Oranges fundraising packet due back	
Weds, Nov. 20 th	Early Release Day	School out at 1:30
Th/F. Nov. 28 & 29	No School -Thanksgiving	
Dec. 20 th -Jan. 3 rd	No School - In-service Day & Holiday Break	

ALL INTERESTED PARENT VOLUNTEERS

Read this...School District News... Mandatory Volunteer Screening
Anyone interested in being a school volunteer needs to complete an online form and agree to a background check; only criminal activity will be checked. All information will be kept confidential and information can only be accessed by a few members of

the Human Resources department. To complete the screening process, visit the District's web page at www.kpbsd.k12.ak.us and click on Employment, then click on Volunteer, then on Volunteer All Vacancies, and find the location where you wish to volunteer. Click the 'Apply' button that corresponds to that location, then follow the instructions. Please contact the Human Resources department at 907-714-8888 if you have questions.

FROM THE DISTRICT

The Kenai Peninsula Borough School District is requesting applications from interested persons to serve on the Budget Development Committee to review development of the FY 2015 budget. Anyone interested in applying should visit the School District website at www.kpbsd.k12.ak.us, Community Interest, for an application and further instructions, or contact Lassie Nelson at 714-8838 if there are questions. All applications must be received no later than 4:00 p.m., November 8, 2013.

Notes from the Nurse for November

Is It a Cold or the Flu?

The flu has slowly arrived in Homer. Across the nation, it has been a mild flu season so far. The symptoms between the common cold and the "flu" can have some similarities and can be confusing. The cold and flu are both respiratory illnesses, but they are caused by different types of viruses with different symptoms. Use this chart to learn the difference between the two.

<u>Signs and Symptoms</u>	<u>Influenza</u>	<u>Cold</u>
Symptom onset	Abrupt	Gradual
Fever	Usual; lasts 3-4 days	Rare
Aches	Usual; often severe	Slight
Chills	Fairly common	Uncommon
Fatigue, weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discomfort, cough	Common; can be severe	Mild to moderate; hacking cough
Headache	Common	Rare

(chart from www.flufacts.com)

Antibiotics do not work with the common cold or the flu. Rest, fluids, and good nutrition are the best treatments for both. If you suspect your child has the flu, he/she should stay home from school AND sports for rest and care.

Prevention is the key. Stay away from sick people. Stay home if you are sick. Sneeze and cough into your sleeve. Get adequate sleep. Drink plenty of water. Eat healthy food. And remember-wash, wash, wash your hands! Flu shots are available at all health care providers in Homer.

Wishing you a healthy November! Laura Peek, RN